OneCity Health

COLLABORATIVE CARE TRAININGS: JULY 2018 SESSIONS

OneCity Health has opened two new training sessions in July as part of its Collaborative Care training series in collaboration with the CUNY Graduate School of Public Health and Health Policy. Please also see below for a note on hosting an-person training session at your organization.

The July sessions cover:

- Wellness Self-Management Plus Facilitator Training (In-Person – July 17)
- Depression and Anxiety in Primary Care: Basic Psychopharmacology (Webinar - July 24)

Registration is required to attend these sessions. Please see below for additional information on the July trainings and instructions to register. For background on our Collaborative Care training series, click here.

NEW — Host a Training at Your Facility
Interested in hosting a Collaborative Care training session at your facility? OneCity Health can coordinate to bring a training direct to your staff. If interested, please reach out to Carlos Martinez, Program Manager at martinec15@nychhc.org for more information. All requests will need to be made at least one month in advance of the preferred training date.

Target Audience
This trainings are intended for Collaborative Care team members, including nursing staff (nurses, patient care aides), behavioral health clinicians (licensed social workers) and primary care physicians. Continuing medical, nursing and social work education credits will be provided to participants as applicable.

Questions
For questions, please reach out to our support desk Monday – Friday, 9 a.m. – 5 p.m. at 646-694-7090 or anytime at ochsupportdesk@nychhc.org
IN-PERSON TRAINING: WELLNESS SELF-MANAGEMENT PLUS FACILITATOR TRAINING

This in-person training on July 17, 2018 will be a Wellness Self-Management Plus facilitator training. Wellness Self-Management Plus (WSM+) is a curriculum designed to provide adults with substance use and mental health concerns with knowledge and life strategies that supports their recovery. The WSM+ curriculum was developed by the New York State Office of Mental Health and Office of Alcoholism and Substance Abuse Services. The WSM+ curriculum represents an adaptation of the evidence based practice, Wellness Self-Management, to more comprehensively address co-occurring mental health and substance use issues.

The WSM+ facilitator course provides training to clinicians who are currently or looking to lead the WSM+ co-occurring group curriculum. This full day training provides clinicians with an in-depth introduction to the WSM+ curriculum, goals, facilitator competencies, and values. The training provides instruction on all stages of WSM+ group facilitation as well as ample opportunities for simulated group practice. Through use of case examples, this training also provides guidance on clinical skills specific to leading co-occurring groups in which participants may be at different stages of change. Those attending will leave with the skills and knowledge to start and lead successful WSM+ groups.

Participants in the WSM+ training will learn the following:
- The 10 WSM+ goals and facilitator values and competencies
- Clinical skills specific to leading co-occurring groups, in which participants may be at different stages of change
- Strategies for leading WSM+ groups and designing a lesson plan
- How to develop action steps for starting a WSM+ group

Event Details
When: July 17, 2018
Time: 8:30 a.m. - 5:00 p.m.
Location: OneCity Health
199 Water Street
New York, NY 10038
Click here to register

WEBINAR: DEPRESSION AND ANXIETY IN PRIMARY CARE: BASIC PSYCHOPHARMACOLOGY

The Collaborative Care model aims to improve common behavioral health conditions (e.g. depression, anxiety) in primary care through evidence-based treatment modalities. This webinar on July 24, 2018 will provide an overview of the identification and treatment options for depression and anxiety in primary care.

Participants who attend this session will learn the following:
- Improved familiarity with depression and anxiety as they relate to the Collaborative Care model
- Increased familiarity with treatment issues
- Improved familiarity with usual SSRIs in the treatment of depression and anxiety
- Know when to refer a patient for treatment in Collaborative Care

Event Details
When: July 24, 2018
Time: 10 a.m. – 11 a.m.
Location: Via Webex
Click here to register