

OneCity Health Innovation Fund Awardee

Wellness Rising

LEAD ORGANIZATION: RiseBoro Community Partnership

JOINT APPLICANTS: LISC NYC; NYC Health + Hospitals/Woodhull; New York Academy of Medicine (NYAM)

NEIGHBORHOODS PROJECT INTENDS TO SERVE:

Bushwick, Williamsburg, Bedford-Stuyvesant areas, Brooklyn

BUDGET: \$780,000



OVERVIEW

Residents in our target neighborhoods present with higher than average rates of obesity, diabetes and hypertension. Limited English proficiency further complicates navigating healthcare services. Through our project we will identify clients of all ages from NYC Health + Hospitals/Woodhull, as well as RiseBoro's housing and community centers. We will then provide individual care through community health workers trained by Make The Road New York, as well as health education classes, home visits, medication review, BP/glucose weight monitoring, linkages to social and support services and primary care, cooking workshops, and nutritional information. In addition, we will promote a fresh foods by prescription program wherein fresh fruits and vegetables are prescribed to enrollees in the same manner as medications.

Expected outcomes include changes in management of hypertension and related conditions and changes in knowledge, skills and health related behaviors for individual participants.

This project represents a collaboration between RiseBoro, LISC NYC and NYAM, with NYAM leading a comprehensive mixed-methods evaluation including both process and outcomes.

DSRIP METRICS THIS PROJECT WILL ADDRESS

Our project will address the following DSRIP measures: child and adult access to preventive care; child and adult control of high blood pressure; reduction of avoidable ER visits and readmissions; and increased health literacy.